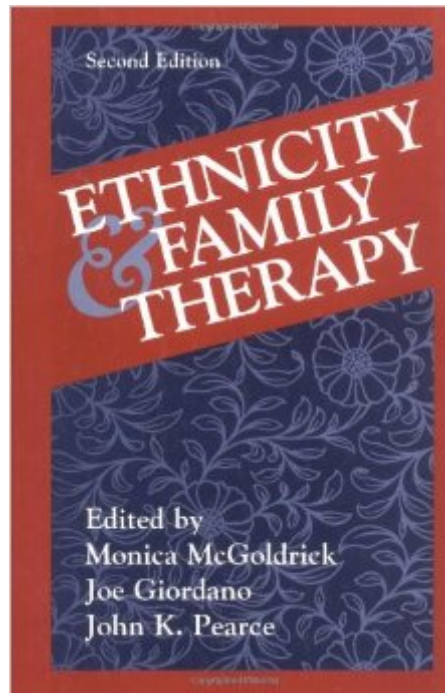


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# Ethnicity And Family Therapy: Second Edition



## Synopsis

This widely used clinical resource and text was among the first to demonstrate the crucial significance of a family's cultural system in therapeutic work. Chapters are designed to enhance the cultural competence of clinicians working with members of over 40 different ethnic groups in the United States, including families of European, Latino, Asian, African, Middle Eastern, and Native American heritage. Ethnic profiles and case studies are presented not as definitive or stereotypical descriptions, but rather as informative frameworks for equipping practitioners with a sense of the cultural issues they may encounter in practice.

## Book Information

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Average Customer Review: 4.8 out of 5 stars [See all reviews](#) (16 customer reviews)

Best Sellers Rank: #105,236 in Books (See Top 100 in Books) #106 in [Books > Health, Fitness & Dieting > Mental Health > Compulsive Behavior](#) #225 in [Books > Textbooks > Social Sciences > Psychology > Psychopathology](#) #255 in [Books > Medical Books > Psychology > Counseling](#)

## Customer Reviews

I first read this book several years ago. I am a professional computer scientist/applied mathematician, and have no training at all in any social science aside from history, government and anthropology courses taken in college (lo these many years ago). My interest in this book arises from the illumination that its chapters on the English, the Irish, the Italians and the Jews (the main ethnic groups in the town in which I grew up) have given to otherwise inexplicable bits of my life. For example, I could never understand why one of my Yankee friends would go into paroxysms of anger when, after inviting his daughter to Sunday dinner, she would accept, and then call with a (legitimate) excuse on Saturday; or why one of my mother's best friends, a woman of Irish descent, drove me wild for over 40 years with her teasing manner, although she clearly meant very well towards me. The pathways of social and familial relationships passed from generation to generation through the filter of ethnic heritage appears to be remarkably powerful, even in these

post-melting-pot days. Read this book with an eye to self-discovery if you don't believe me!

Finally a book that does not talk about race as a four color system. The book explores the cultural issues that face specific groups. I have used this book with my Polish, Dutch, Pilipino, Korean, French Canadian, Vietnamese, and Central American clients. I have been astounded how accurate, helpful, and insightful this research was in assisting me with my clinical work. The work covers the history of people and how it can affect people generations later through recurring patterns. This book is a great resource for those who want to learn about the vast number of cultures in America and how they are affecting by their culture, history, and family. I love Monica McGoldrick's works!

This is an excellent book for anyone who, among other things, questions whether American models of mental health are universally applicable and need concrete examples of how different cultures experience and manifest psychiatric disorders. Has sections on many different cultures, not only the numerically largest or economically most powerful.

Ethnicity and Family Therapy is quite simply the best book that exists to any interested person as well as students and professionals with a good overview of important factors to understand when dealing with differences that exist in people. I first became familiar with Monica McGoldrick about eighteen years ago. She has devoted her life's work to research and writing on the influences of ancestry and ethnicity in our contemporary lives. Every time I pick this book up (over the first and second editions), I find myself lost in it as if it is my first discovery of it and I always learn something new! A great book for a discussion group to consider.

Great book, very readable. Was assigned this in my Family Therapy class in my Masters course. Got a lot out of discovering the specifics of counseling other cultures. I much preferred this to Sue & Sue.

I have been using this book and the earlier book in my practice for more than ten years. It has been vital to my work not only with other cultures, but my own (Irish)> I have often shared the readings with my clients who also found the chapters on their cultures to be accurate. If there was going to be one book on my shelf, this would be it. Got a copy to sell I would buy it as a back-up!

The first edition was the best. It was honest. The newer edition sacrificed truth for "niceness". For

instance I'm English heritage and I learned a lot from the first edition that was useful, this edition did not have that.

OK, this book wouldn't seem especially fun to read, and I'll admit that a counselor friend had to recommend it to me, but I find it simply fascinating. As I read through the chapters about my family's heritage, I really found it compelling that many of the behaviors and values that I take for granted are not simply from my family, but are in large measure common to my ethnicity. Then, as I read about the heritage of my fiancée's family, it really put things into perspective for me. Behaviors that I might have found rude or offensive in my cultural framework have a perfectly natural, and honorable, root in theirs. If understanding is the key to acceptance, this book really helped me understand and communicate much better, and begin to accept and live within different cultures. This book gives an excellent framework to explain how different ethnicities come to value different things. Highly recommended.

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